

# LMBC Jr. Youth



## Bridge Devotions

Bridge devotions will be on Tuesdays from 9:00-10:00am at the lower parking lot of the Matanuska river by the Matanuska river bridge.

Please bring your:

- Bible,
  - Prayer journal and pen to write with.
- Doughnuts and crazy creeks will be provided.

## Outdoor adventure

For those people that attend the Bridge Devotions there is available for them an outdoor adventure. This adventure will be from 10:00am –4:30pm and will start after devotions. We will be using the Fred Meyer parking lot as our drop off spot. **The adventures are rated 1-5, 5 being difficult.**

<b>June</b>	<b>1</b>	<b>Buffalo ledge– 3, hiking, snow sliding</b>
	<b>8</b>	<b>Skyscraper-4, hiking, snow sliding</b>
	<b>29</b>	<b>Rock climbing Archangel-2, climbing, bouldering, trekking</b>
<b>July</b>	<b>13</b>	<b>Finger lake canoe/ water day-1, canoe, swim, bring lifejacket</b>
	<b>20</b>	<b>Reid lakes-2, trekking, bouldering</b>
	<b>27</b>	<b>Mat-river trail-2, bike trip, bring bike</b>
<b>August</b>	<b>3</b>	<b>Byron Glacier-3, hike, we'll do dinner and be back late.</b>

**\*These adventures are subject to change based on the amount of people/gear/ skill level/ weather etc.**

We will be using the church bus or leaders vehicles to transport us to and from the location of the adventure so we will need transportation and medical release permission signed for each person attending. We will keep the p-slip on file with us so only one is needed for the whole summer.

What to bring on the adventures:

- Outdoor active clothes, hiking boots or shoes, sandals to change into, summer coat, hat, Light gloves, lunch, water bottle, and a pack to carry it all in.
- For the adventures that require special gear we'll let you know in advance.

**Questions or comments? Contact Andy Miller**

**745-2611 or 745-7475 or dr.andymiller@gmail.com or facebook**